

The secret to cooking your favourite Indian takeaway meal isn't a secret anymore and even better, all our recipes are low calorie so you don't have to feel guilty about it ever again! This recipe book is packed full of the UK's best loved British Indian Restaurant Takeaway meals which we have turned into skinny versions with our Secret Super Simple Skinny Curry Base Mix. This means you can still enjoy your Friday night takeaway without piling on the pounds or compromising on the takeaway flavour we all love so much. So EASY even a BEGINNER can master in minutes the simple secret behind low calorie Madras, Tikka Masala, Korma, Rogan Josh, Vindaloo, Bhuna & many more. Plus you'll be doing it the skinny way without the gut-busting calories.

George Washington, Identity, Another English: Anglophone Poems from Around the World (Poets in the World), The Hanging Stranger, The Shortest Day: Murder at the Revels, The Power Of Directness, From Paddock to Saddle, The Dragon and the Maiden (Tales of Endless Wonder), Georg Cantor: His Mathematics and Philosophy of the Infinite,

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